

SOUTH ISLAND SHORT COURSE CHAMPIONSHIPS

28-30 August 2026 · Moana Pool, Dunedin
Host Region · Swimming Otago



This competition is designed to offer all registered Competitive Swimmers aged 12 years & over a short-course racing opportunity with the purpose of crowning South Island Champions in a competitive environment. It also aims to assist athletes in their preparation for the national short-course championships, which take place in September.

What makes this competition unique is the **Mixed Club Draft Relay**. Up to eight teams can participate, each consisting of 16 athletes, eight females and eight males. Select event 300 to be considered for selection and a share of the prize money. It's free, so why not? Coaches also play a crucial role in this concept's success, so it is essential to encourage them to complete the availability form by the deadline. For more information, please refer to the Mixed Club Relay Draft document.

The host region reserves the right to restrict entries to ensure adherence to the timeline and will endeavour to secure the necessary number of technical officials. Still, the number on the pool deck may be more or less than the requirement set out in Swimming New Zealand's designated approval criteria. The pool deck is for accredited personnel and event volunteers only; all other persons are to be seated in the designated seating area (s).

This document may be amended, so check the host region's website to ensure you have the latest version.

CONTACT DETAILS



Email: admin@swimotago.org



Event Page: <https://cutt.ly/2t3lbn15>

FACILITY'S HEALTH AND SAFETY GUIDELINES

Pool Deck - Only essential personnel (Technical Officials and Timekeepers) are allowed on the pool deck during the competition. Coaches are to always remain in their designated area.

General - Be careful in the Grandstand, it can get very slippery. To minimise the risk of injury, all athletes MUST dry off before using the corridors behind the stands. Athletes will NOT be allowed in the reception area wearing swimwear; they must be dressed, including shoes. Stairwells, fire exits, and clearways are always to remain clear. No seating is permitted on the bottom row; this is a clearway for athletes.

Evacuation Procedure - If the pool requires evacuation, you will be guided by the pool staff. Please remain calm and follow instructions.

OFFICIALS AND VOLUNTEERS

Officials and volunteers are crucial for the successful delivery of this competition. To ensure that we meet Swimming NZ's approval standards, please indicate your availability via the Duty Form, available [here](#). The duty form will close on **23 August at 8:00pm**, and the Duty Roster will be published on 26 August.

A meeting will be held 15 minutes before the start of session 1, in the corridor behind the Recorder's office. Remember to bring your own water bottle.

COACHES AND TEAM MANAGER ACCREDITATIONS

Clubs must complete the Coaches and Managers form in the Swimming NZ database no later than **26 August**. Coaches and team managers must be active registered members of Swimming NZ and have a current police vet accreditation accessible on their Swimming NZ profile. A how-to guide is available on the host region's event page.

A meeting will be held 30 minutes before the start of session 1 in the corridor behind the Recorder's office. Each club must have at least one representative to ensure that all information, including expectations, is communicated back to the team.

QUALIFICATION CRITERIA

- The athlete must be 12 years or older as of 28 August 2026 and registered as a Competitive Swimmer.
- Qualification period is between 1 January 2025 and 19 August 2026.
- Qualifying times are shown as short course (25m); however, long course times will be accepted and automatically converted during the entry process, but split times will not. Refer to the qualifying times document.
- Only entry times stored in the database will be accepted, except for international athletes, from either a Development or an Approved competition.
- Multi-Class athletes do not have to meet qualifying times but must have an entry time achieved within the qualifying period stored in the database.
- An athlete not affiliated with a club in the Mako Zone will be considered a visitor.

ENTRY FEES

- The entry Fee is **\$16.00** per individual event.
- Entries close on **Thursday, 20 August at 11:59pm**.
- Submission of entries constitutes acceptance of the conditions and rules encompassing this competition, including the Sports anti-doping rules, and allow photographs, video, multimedia, or film likenesses taken by accredited photographers to be used for any legitimate purpose by the host region or others that the Mako Committee has approved.
- **Late entries** are dependent on lane availability and must be received prior to the publication of the Meet Programme, at a cost of \$32.00 per event.
- **No refunds** will be issued after the publication of the final psych sheets. However, medical withdrawals may be considered if a medical certificate is presented by the end of the competition.
- The host region will invoice each region for all outstanding entry fees after the final Psych Sheets are published.

ENTRY PROCESS

- Entries must be submitted on [Fast Lane](#) on the file labelled *South Island SCM Championships 2026 or PARA ONLY South Island SCM Championships 2026*
- Alternatively, contact your Club Administrator for entries to be processed via the Swimming NZ Database.

Mixed Club Draft Relay

- To be considered for selection, **athletes must enter event 300** (Mixed 25m Freestyle).
- To be considered for selection, **coaches must complete the [online form](#)** by Thursday, 20 August at 11:59pm.
- To review all the information regarding the Mixed Club Draft Relay, click [here](#).

Multi-Class Entries

- Athletes do not have to meet qualifying times but must have an entry time achieved within the qualifying period stored in the database - No Time (NT) will not be accepted.
- Entries must be submitted on [Fast Lane](#) on the file labelled *PARA ONLY South Island SCM Championships 2026*

International Entries

- Contact the host region for details on the requirements for entering this competition.

EVENT REPORTS

- **Draft** reports will be emailed directly to all registered participants, including clubs, following the close of entries.
- **Corrections** must be submitted no later than 8:00pm on Sunday, 23 August.
- **Final** reports will be published on the host region's event page the following day.
- The **heats programme** will be published on the host region's event page on Wednesday, 26 August. Noting that this document will only contain the morning heat sessions.
- The **finals programme** will be published as soon as possible on the host region's event page, and a paper copy will be made available for clubs to pick up at the start of the warm-up.
 - The number of printed programmes available to each club is based on the number of athletes in the finals
1-10 = 2 programmes 11-20 = 3 programmes 21-30 = 4 programmes 31+ = 5 programmes

COMPETITION CONDITIONS

- This competition will be swum as a short course (25m) using electronic timing, under Swimming NZ swimming rules, policies, and regulations, except for the conditions outlined in this document.
- Over-the-top starts may be used,
- A maximum of two visitors may progress from prelims to finals in any one event. However, there are no limits on visitor numbers in Timed Finals.
- **Age groups** at this competition are 12-14 years, 15-16 years, 17 years & over, and Open Multi-Class.
- The host region reserves the right to restrict entries to ensure the timeline and the Health & Safety requirements of the venue are adhered to.
- The host region's [Swimwear Policy](#) will be enforced.

Heats

- All athletes, including multi-class, will be seeded slowest to fastest.

Finals

- The top eight in each age group/gender will progress through to the final in each event.
- A maximum of two visitors may progress from heats to finals in any one event.
- Multi-class finals will be raced as mixed open gender, with the top eight progressing through to the final.
 - If a multi-class athlete gains a finals berth in an able-bodied and multi-class final in the same event, the multi-class final will take precedence - they will be automatically withdrawn from the able-bodied final, unless the Recorder is advised within the withdrawal requirements below.
 - Note that there are limited multi-class finals available (refer to the event schedule).

Timed Finals

- The 800m Free and 1500m Free for both males and females will be swum as timed finals, with the fastest male and female timed finals swum in the afternoon session.

Withdrawals

- No penalty will be issued for a late withdrawal or no show in a **heat** swim.
- A withdrawal form for a **final** must be submitted to the Recorder within **30 minutes of the results** being posted/published from the event where the qualification occurred.
- A withdrawal form for a **timed final** must be submitted to the Recorder **by the end of the session before** the one in which the timed final is scheduled.
 - Withdrawals for the first session must be emailed to the host region by 7.00pm on Wednesday, 27 August.
- Any withdrawal form received outside of these deadlines shall pay, without excuse, a Withdrawal Fee of \$50.00.

Protests

- Protests must be submitted to the Referee, in writing, on the protest form by the team manager within 30 minutes following the respective event's conclusion and accompanied by the \$100.00 protest fee in cash.
- If conditions causing a potential protest are noted prior to the event, a protest must be lodged before the signal to start is given.
- All protests shall be considered by the Referee. If the Referee rejects the protest, they must state the reasons for their decision.
- The Club Team Manager may appeal the rejection to the Jury of Appeal, whose decision shall be final. If the protest is rejected, the fee will be forfeited to the host region. If the protest is upheld, the fee will be returned.

Strapping

Athletes with strapping must provide documentation from a relevant registered health practitioner or physiotherapist and be reviewed by the Referee prior to swimming. Any athlete without such documentation will not be permitted to swim with a strapping.

GENERAL INFORMATION

Seating

- There is no seating plan for this competition; however, teams are asked not to procure more than they need.
- When labelled, seating areas reserved for spectators are to be kept clear by athletes, managers and coaches.
- Athletes must be seated with their Team Managers in the grandstand, except multi-class athletes who may sit on the pool deck in their designated area only.
- Coaches can be seated on the pool deck during the competition sessions within their designated area only.

Warm-Up and Warm-Down Procedure

- Warm-up commences 45 minutes prior to the start of each session in the deep end of the main pool only.
- An announcement will be made 5 minutes prior to the warm-up finishing and at the completion of the warm-up.
- The Technical Director can change the lane allocation as appropriate. Signage will be on each lane.
- Warm-up is to be conducted under the consultation and guidance of all coaches/team managers, and it is their responsibility to ensure the safety of all competitors.
- Entry to the pool (except for Sprint Dive Lanes) must be feet first.
- Lane 1 is reserved for multi-class athletes only.
- Lanes 2 & 3 are pace lanes.
- Lane 8 is reserved as a dive/start lane. Note: backstrokers must line up and enter the water only when it is their turn. Backstroke start devices will be available during each warm-up period.
- The remaining lanes are for general swimming.
- **Do not** use fins in the competition pool, do not climb over the timing pads, exit at the side of the pool, and do not swim over the lane ropes.
- **Lanes 1 & 2** will be available in the shallow end of the main pool from the start of each competition session.

Marshalling Procedure

- **Heats** - Self-marshalling will be employed during all heat sessions and is located on the pool deck near the old dive pool. A programme will be pinned on the nearby window. Athletes are asked to be in the marshalling area six heats ahead of their heat for 50m events, and four ahead for all other distances.
- **Finals** – Athletes, including reserves, must report to the Marshall six heats ahead for 50m events and four ahead for all other distances and remain in the marshalling. If an athlete is not present when their heat is marshalled, they will be replaced by the reserve. Marshalling for finals will be on the pool deck near the old dive pool.

Disqualifications

- Announced, when possible.
- Team Managers are to bring their devices to the Recorder's office to take a photo, as copies will not be provided.

Results

- Posted as soon as possible, near the pool deck exit below the grandstand.
- Meet Mobile will be active.
- Published on the host website at the conclusion of each session.

AWARDS, CEREMONIES, AND POINTS

- Athletes who have not met the qualifying time will not receive a medal; however, points will still be awarded.
- Visitors, athletes not affiliated with a club aligned with the Mako zone, are not eligible for medals or trophies.

Medals

- Awarded to both female and male athletes as follows;
 - Timed Finals: top three (3) times per age group
 - Finals: top three (3) times per age group
 - Multi-class Finals: distributed based on the percentage of the athlete's time compared to the World Record for their classification.
 - Overall: the fastest overall time swum by a male and female athlete in each event.

Mixed Club Draft Relay

- Cash Prizes will be awarded to the top three teams based on the highest accumulated points.
 - 1st placed team = \$960.00, 2nd placed team = \$640.00, 3rd placed team = \$400.00

Points

- Awarded to individual events, excluding multi-class events, as follows
 - 1st = 10, 2nd = 8, 3rd = 6, 4th = 5, 5th = 4, 6th = 3, 7th = 2, 8th = 1

Regional Competition Trophy

- Individual event points will be accumulated over the competition and then divided by the number of competitors from the region, excluding multi-class athletes, at the commencement of the competition to find the overall regional winner.

Club Competition Trophy

- Athletes will accumulate event points for their Club across the competition. The Club with the highest accumulated points will be awarded in the following categories;
 - Clubs with 11 or more athletes at the commencement of the meet
 - Clubs with 10 or fewer athletes at the commencement of the meet

Medal Ceremonies

- Ceremonies will be conducted at the end of each final session.
- No caps, goggles, or towels (wrapped around the waist) will be worn.
- Athletes must advise the presentation official that they are present.
- Athletes who do not achieve the qualifying time will not receive a medal.

TEAM ACCOMMODATION OPTIONS

Beach Lodge Motels 38 Victoria Road, St Kilda, Dunedin Phone: 03 455 1449	Dunedin Holiday Park & Motels 41 Victoria Road, St Kilda, Dunedin Phone: 03 455 4690
My Hub Holiday Parks Dunedin https://www.myhubstays.co.nz/	Teamtrips https://teamtrips.com.au/team-trips-accommodation/group-accommodation-dunedin/

MEDICAL INFORMATION

Dunedin Urgent Doctors & Accident Centre 18 Filleul Street Phone: 03 479 2900	Dunedin Hospital 201 Great King Street Phone: 03 474 0999
Emergency Services Phone: 111	Healthline Phone: 0800 611 116